

Pre-Operative Instructions for your Dental Surgery

**** VERY IMPORTANT INFORMATION – PLEASE READ CAREFULLY ****

**** COMPLETE ATTACHED “MEDICAL HISTORY UPDATE FORM” & RETURN IT TO ****
YOUR DENTIST PRIOR TO SURGERY

1. If you have any concerns or questions about the surgery, please contact your dentist prior to surgery.
2. We will be reviewing your medical history with you immediately prior to the surgery. Please be sure you are familiar with that information – especially with the name(s) and dosage(s) of any medications you are taking. If you feel that your history is relatively complicated, you will need to contact your dentist prior to the procedure so we can decide if we need to consult with your physician before the procedure is performed (Patients on a daily Coumadin or Plavix should discuss a plan for usage in the weeks prior to their surgery date.)
3. Patients who are minors (under 18 years of age) must have a legal guardian present to both fill out the “Medical History Update Form” and to sign the “Disclosure and Consent Form”.

If you are having I.V. (Intravenous) Conscious Sedation:

LOCAL ANESTHESIA: You will always be given local anesthesia for your surgery to produce a numb feeling in the area being operated on.

ORAL PREMEDICATION: May be a supplement to local anesthesia or IV sedation. It is intended to produce relaxation before and during your operation. Take the medication at the time directed before your surgery. It is not safe to drive after taking sedative drugs, and you must have someone drive you to and from surgery.

INTERVENOUS SEDATION: Medications are given through a vein in your arm or hand, which will cause total relaxation and reduce anxiety. IV anesthesia has an excellent safety record as an office procedure.

1. Patients should have **nothing** to eat or drink, for **Six (6) hours prior** to surgery. **TO DO OTHERWISE MAY BE LIFE-THREATENING.**
 - If your surgery is in the morning, do not eat or drink anything between bedtime and your scheduled appointment. Clear liquids (i.e. water, apple juice, Gatorade) may be consumed up to 2½ hours prior.
 - If your surgery is in the afternoon, a light breakfast before 7:00 a.m. is encouraged (skip lunch). Please limit caffeine intake.
 - **Drink plenty of water the day before your procedure.**
 - Take any currently prescribed heart or blood pressure medications with a sip of water
 - **If you are diabetic:** To avoid dangerously low blood sugar, **Do Not** take your diabetic medication (pills or insulin) the morning of your procedure. You can resume your diabetes medications after the procedure once you have eaten.
2. A responsible adult, over 18 years of age, **must** accompany the patient to the office and **remain in the office during the entire procedure** and drive the patient home. Following the sedation, this responsible adult should remain with the patient for the next 12 hours. **PATIENT WILL NOT BE ALLOWED TO DRIVE OR TAKE A CAB.**
3. Patient may not drive or work for 12 hours after the procedure.
4. If receiving intravenous sedation, you should wear clothing, which is not restricting to the neck or arms. You should wear loose-fitting tops on which the sleeves can be rolled up to the shoulder (EKG contacts must be placed on diaphragm area). Also, please be sure to wear shoes that are securely fastened; no flip-flops or loose-fitting sandals, please.
5. Patients should remove nail polish, contact lenses, jewelry, facial makeup and dental appliances prior to their appointment.
6. Patient may not drink alcohol or take sedative medications for 12 hours after the procedure.
7. There are important differences between general anesthesia (being completely asleep) and I.V. Conscious Sedation. If you have any questions about the I.V. Conscious Sedation process, please ask your doctor prior to the procedure.

Our goal is to provide you with a safe, pleasant and effective anesthetic. In order to do this we must have your complete cooperation!